

be avoided.<sup>1,7</sup> Patients should also be informed to avoid excessive exposure to sunlight or UV radiation while using Epiduo®.<sup>1,7</sup>

The 30g Epiduo® pump lasts about 2 months.<sup>6</sup> Once opened any unused product should be discarded after 6 months.<sup>1,7</sup>

## Conclusion

The fixed dose once-daily combination product (adapalene with benzoyl peroxide) targets multiple pathogenetic factors of acne.<sup>3</sup> A fixed-dose combination may be more convenient and reduces the complexity of acne treatment regimens.<sup>5</sup> In addition, due to the faster onset of action and the shortening of the time for visible signs of success, patient outcomes and adherence to treatment may be improved.<sup>2,4,5</sup>

## References

1. Epiduo® gel (adapalene and benzoyl peroxide) Package insert. 2014. Galderma Laboratories South Africa (Pty) Ltd
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6. Epiduo® gel (adapalene and benzoyl peroxide) Launch letter. 2015 Galderma Laboratories
7. Epiduo® gel (adapalene and benzoyl peroxide) Patient information leaflet 2012 Galderma Laboratories



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