Fifty Shades of Pharmacy

32nd Annual Conference and 61st Annual General Meeting
Champagne Sports Resort
8 – 10 March 2018

“Gone are the dark shades of pharmacy when we were seen as pill counters. We are moving into an era where we have bright and vibrant shades of pharmacy which are evident for all of the professions and patients around us to see.”

Shawn Zeelie

SAAHIP delegates’ passion for pharmacy is what fires up the agenda. It isn’t the usual litany of complaints that one expects from conferences and other meetings. It isn’t only presentations that feel awfully like lectures. It’s pharmacists who have identified a gap, either in knowledge or in research, and gone for it. The knowledge or research isn’t theoretical and doesn’t relate to academic research. Even the academics who present at the SAAHIP conference talk about how to put theoretical knowledge into practice, and they present practice-related research. The important thing is that colleagues share their experiences with their peers. That puts an entirely different complexion on the conference programme.

This year, there was a session dealing with antimicrobial stewardship, and two on quality patient care. Other sessions were devoted to quality medicine and supply, safe use of medicines and pharmacy practice. In total, there were 23 podium presentations, 13 posters and four Pearl presentations. This active participation shows the dedication of SAAHIP members to these important aspects of the pharmacist’s daily life.

Focus areas

Focus areas have been identified to guide SAAHIP in its activities. Each branch of SAAHIP is responsible for ensuring that these areas are addressed at a local level. In order to provide guidance to the branches, responsibility for monitoring each focus area and advising the branches on appropriate action is delegated to specific individual branches or individuals.

At the conference, the responsible branches reported on activities in these areas for the past year.

• Policies and legislation – KwaZulu-Natal Coastal and KwaZulu-Natal Inland branches
• Membership, marketing and branding – Northern Gauteng and Eastern Cape branches
• Relationships with employers and policymakers – the President, Vice president and Executive Director
• Conference – Northern Cape/Free State branch
• Communication – Presidential committee
• Planning for pharmacy 2030 – Western Cape and Mpumalanga branches
• Compliance with Health System standards – Limpopo and Southern Gauteng branches
• National Health Insurance – Executive Director

New leadership for SAAHIP

Congratulations to the newly elected Presidential Committee.
President:   Refiloe Mogale
Vice President:  Shawn Zeelie
Honorary Treasurer:  Bhavrith Jaganath
Secretary:   Mohale Seepe
Past President:  Joggie Hattingh

Joggie Hattingh hands over the chain of office to Refiloe Mogale
**Honorary Life Membership**

Honorary Life Membership was conferred on Lourens van der Merwe and Lorraine Osman.

**50 Shades of Pharmacy – No Limits!**

What is a pharmacist? Gone are the days when they were labelled as pill counters. Pharmacists have the potential to provide a high level of value to patient care. With a diverse profession such as pharmacy everyone can find their own niche. Some of these areas of practice were explored during the workshop at conference.

During the workshop delegates were divided into seven groups in order to compete in the Clinical Skills Amazing Race. The groups competed against each other by answering questions to receive clues/tools at the various stations in order to assist the group in solving the Megacase, which was a complex scenario.

Some delegates learned something new while others were able to use their knowledge to solve the case. The idea behind this was to illustrate how many areas where pharmacists could add value. This however was only the tip of the iceberg.

The groups were also given time to reflect on their daily activities, areas in which they felt pharmacists could specialise, what clinical services could be provided in different areas and where delegates wanted to see themselves in the future.

What came out strongly during the workshop was that there are many areas where pharmacists are not commonly found but where they can add value and some have an interest in exploring these areas. The only way to do this is to share knowledge and experiences, to teach each other. Pharmacists must continually adapt in order to thrive!

**Learning from young pharmacists**

SAAHIP’s continuing support of young pharmacists was recognised in its conference by presentations made by the winner of the Western Cape Department of Health’s intern research project and the SAPSF winners of the SAAHIP Clinical Skills competition.

Lee-Ann Andrews presented her intern research project, which was a retrospective study to determine the effectiveness of screening non-diabetic adult patients for diabetes at Bishop Lavis Community Health Centre. She is currently a community service pharmacist and was a first time delegate to conference.

Bindia Keshave and Dominique Boswell also attended the SAAHIP conference for the first time. This was their prize for winning the clinical skills competition. They are final year students at the University of the Western Cape.
Awards

**Life Healthcare awards**

These awards are made to encourage practising hospital and institutional pharmacists to document and present the results of their activities, investigations and research projects.

Life Healthcare best podium presentation – Belinda Strydom

Life Healthcare best poster presentation – Charmaine Hlalo

**Academic award**

The intention of this award is to encourage academic pharmacists to present their research, particularly practice research of interest and relevance to hospital practice, at the SAAHIP conference, and to recognise the contribution they make to the academic programme at the conference.

Best academic presentation – Antoinette Terblanche

**Mediclinic award**

This award is made to encourage practising hospital and institutional pharmacists to document and present the results of their activities as a scenario. Scenario presentations must be real world experiences or activities, which can either be clinical or practice related.

Mediclinic best scenario presentation – Renier Coetzee

**Adcock Ingram Critical Care Pearl award**

A Pearl presentation is designed to be a presentation with a difference. It is designed to convey quick and useful tips that may not be widely known, published or taught. These ideas can be obtained from any practice setting, including administrative, managed care and clinical.

Adcock Ingram Critical Care best Pearl presentation – Hannelie Meyer

**Membership award**

Branches that increase their membership significantly during the past year are recognised by this award. It was hotly contested this year.

Membership award winner – North West, with an increase of 37%

Second – Northern Cape/Free State, with 29%

Third – Limpopo, with 21%

**Spirit award**

All branches showed great team spirit and enthusiasm throughout the conference so the winner of this award must outdo all the others.

Spirit award winner – Mpumalanga
Trade award

Delegates visit the exhibition stands during the conference and vote on three criteria.
Best stand appearance – Adcock Ingram Critical Care
Best hospitality – Fresenius Kabi
Most informative – Beiersdorf
Overall winner of the trade award – Adcock Ingram Critical Care

#SAAHIP2018 – comments from first time attendees

• Siyabonga Makwakwa – Attending the conference revived the passion I’ve always had about pharmacy, unbelievable experience.
• Faith Makandigona – The conference was an eye opener, informative and fun. I am glad I came.
• Nondumiso Kubheka – My experience of the conference was awesome, memorable and absolutely beyond my expectations. I can’t wait to do it again.
• Mncengeli Sibanda – I learnt a lot on the current and future developments in pharmacy. It was also a lovely opportunity to network with peers from all over the country.
• Angela Malope – It was nothing short f amazing. It ignited my fire to keep learning and do more work so I can share results with others. It also reminded me that we all have 24 hours in a day but it’s how you choose to utilise the time overall. It was a fun and informative experience. Definitely coming back to future conferences.
• Lebo Molepo – I learned that pharmacists should come out of the closet/comfort zone and do patient care to the fullest. I am so motivated. It’s time to adapt and thrive. Thank you for the opportunity. I had fun.

Seen at conference
Exhibitors, Trade and Sponsors

Heartfelt thanks to everyone who made the conference possible. Your support is what makes it possible for SAAHIP to hold this three day educational event that is appreciated by all delegates and observers.

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