

Mail and Guardian 200 Young South Africans

In 2020, M&G received more than 8 000 nominations for their list of 200 young South Africans who have made a difference in their environments. This year, two pharmacists made the 200 list. We congratulate them on their achievements so far, and trust that we'll hear much more about them and their endeavours in the future!

Nhlanhla Mafarafara

Nhlanhla is no stranger to the PSSA. He has been active in SAAHIP for many years, serving as chairman of the Limpopo branch and a member of the SAAHIP national executive committee



Nhlanhla Mafarafara

Inspiring confidence in the public healthcare sector is a task that he has set himself. He is the pharmacy manager at Matlala District Hospital in Limpopo, and a strong believer in values-based leadership. In 2019 he was asked to step in as acting chief executive at Helene Franz Hospital and take over its strategic leadership. "That reaffirmed the path of leadership development that I have been on for the past eight years," he says.

Mafarafara coordinated Vhembe District's Adopt-a-Clinic Project, where community service pharmacists implemented quality improvement plans at primary healthcare facilities.

Another personal goal is to inspire more young black people to pursue excellence, both in their personal lives and in their leadership skills. As part of that he mentors and coaches upcoming young pharmacists, and has helped more than 400 to study for their pharmacy council examinations.

He is also a motivational speaker and an author, with a Monday evening slot on Energy FM radio and with two personal development books to his credit: *Relentless Youth – Reaching Beyond The Limits*, and *Step To The Next Level*. His company, Faraz Creationz offers leadership development, workforce performance training, team building and online training courses in self-mastery, personal development and healthcare leadership development.

His desire to help people achieve their best partly stems from his personal mistake of not having a financial advisor early in his

career. "I found myself chasing luxury before I could fully afford it, while overlooking good investment opportunities," he says. "I have since learned that poor financial discipline often leads to poor and unethical behaviour."

Huzaifah Khan

"With my work in vaccination, I would want to remove the doubts and misconceptions that lead to vaccine hesitancy," said Huzaifah Khan. The 30-year-old hospital pharmacy manager is currently pursuing a masters in public health pharmacy and management, and is passionate about his work in immunisation, which he believes is important for every child.



Huzaifah Khan

Through his community work with the Islamic Medical Association of South Africa and advocacy for vaccine education, Khan has taken steps towards his ultimate goal: to give back to public health.

When he completes his masters, he hopes his work will someday contribute to the merging of the public and private healthcare sectors. Khan wants this to happen "to ensure that we are able to achieve universal health coverage, especially at a primary health-care level, so that the future of healthcare resources in South Africa is shared in an equitable and fair manner".

For Khan, achieving excellence in his field is less about personal gain than his desire to embody the ideals in section 27 of the Constitution, which states that:

"Every person has the right to have access to health care services, including reproductive health care."

Khan has achieved many varied milestones in his career, but he believes his biggest accomplishment is being able to take his skills and knowledge back to the workplace and contribute to the greater good of society.

He's a firm believer in never fearing failure, instead viewing pitfalls as opportunities for an individual to grow. Another important lesson that Khan has learned in life is to believe in himself and his ability to make a valuable contribution, even when surrounded by people with more knowledge and experience.

Source: <https://200youngsouthafricans.co.za/>.