



Who's the chicken and who's the beef

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In life, there's always a variety of people with different character traits. Each one unique and different from the next. But with all these differences, it sometimes leads to conflict either within the workplace or even at home.

So, are you a chicken or are you the beef? One would think, just by the definition of a chicken, one would be deemed as a person who scares easily or is afraid to take risks and a bit insecure or shy. Just like with beef, when you think about beef, you think of a bull, someone that's sure of themselves and often perceived as arrogant but yet confident.



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But when you delve a little deeper into these traits, one would find that it's not as simple as just this clear description. There are different species with different characteristics, there's no one size fits all and no one is the same as the other. For example, a Rhode Island Red chicken is generally defined as one of the more social chicken species with a bit of assertiveness and tends to be a leader with a positive attitude. Even in this species, you do get ones that deviate from the status quo. Similar can be said in the various bovine species as well.

What is the significance of this? People are exactly the same as the chicken and the bull in that we are each unique and each has different strengths and weaknesses. That is what makes life interesting. If we were all the same, imagine how monotonous life would be. People also make the mistake of making assumptions about their colleagues, which often are misleading or from hearsay. There's the saying, don't judge a book by its cover; this saying is quite true and has a deeper meaning. Often, conflict or arguments can be avoided just by proper communication.

In closure, one can have both the characteristics of a chicken and the beef. Sometimes the one is more dominant than the other. Is there a problem with this? The clear answer is no. Play to your strengths as that is what makes you unique and gives that added quality you can add to your team and the benefit they can get from that. Be cautious of your weaknesses and constantly strive to improve on them; having weaknesses doesn't mean you have failed or are rendering a poor service.

How can you improve on your weaknesses? Always seek opportunities and identify threats. With opportunities, you can convert your weaknesses into potential strengths and steer clear of threats as this can be harmful. Be the best version of yourself, because no one can be a better you than you, no matter if you are the chicken or the beef or a bit of both.

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